

**Grow,
Pray,
and
Study Guide.**

Prayers For The Week



Monday: Father, I carry my sins like a secret burden, thinking no one can see. Give me the courage to confess my sins to lose the weight I carry. Amen.

Tuesday: Jesus, help me to stand without the weight of all that I hold inside me. Give me the courage to confess my sins to lose the weight I carry. Amen.

Wednesday: Savior, my silence hurts me deeply. Give me the courage to confess my sins to lose the weight I carry. Amen.

Thursday: Glorious God, you love me! In spite of all that I carry with me, all that weighs me down, you love me! Give me the courage to confess my sins to lose the weight I carry. Amen.

Friday: Great Physician, the weight I carry keeps me from you. Let me love myself enough to be open to you. Give me the courage to confess my sins to lose the weight I carry. Amen.

**January 21, 2018
, 2017**

Notes: today I pray



**Bring a friend to Sunday School and worship on
Sunday or Monday!
Check in on Facebook when you are here.**

Study Guide January 21, 2018

Monday January 15th (I took time to pray today)

Read: Corinthians 6:12-20 It's Monday, so let's dispense with the burdensome reading of the week. Paul tells us that we are to treat our bodies as part of the body of Christ. There can be no abuse of any kind: no sex, no alcohol abuse, no drugs, no cigarettes or any kind of other toxin that harms the body. We are the body of Christ and must grasp that responsibility and the gift.

Question: Does this passage make you uncomfortable? Why do we hesitate to grasp our responsibility to God?

Tuesday January 16th (I took time to pray today)

Read: Psalm 139:1-6 Our God is omniscient. He knows us thoroughly, better, even, than we know ourselves. Take comfort because he treasures us, guides us, protects us, and never leaves us along.

Question: How are you comforted by this firm knowledge? What is your reaction to knowing that your creator truly loves you?

Wednesday January 17th (I took time to pray today)

Read: Psalm 139:13-18 The psalmist reaffirms God's part in our creation. God, himself, is the one who put us together. This echoes the message in the Corinthians reading, tying the message of God's creation of us together from both the Old and New Testament.

Question: Do you feel the power with which you were created? There is nothing that you cannot do with God on your side.

Thursday January 18th (I took time to pray today)

Read: 1 Samuel 3: 1-20 Samuel became a great prophet of our God. He stepped into the job as a young boy. He heard God call him, but did not recognize God's voice, not just once but *three times*. Each time he went to Eli, his mentor, saying, "Here I am, you called me." Eli finally recognized that God was speaking directly to the boy and told him what to say. The fourth time God called, "Samuel!" Samuel responded, "Speak, your servant is listening."

Question: What makes you different from Samuel? When God has called you, (make no mistake, he has) how have you answered?

Friday January 19th (I took time to pray today)

Read: John 1:43-51 Jesus called Philip and Phillip followed him without hesitation. Philip, in turn, called Nathanael, telling him that Jesus was the one promised by Moses and all of the prophets. Although hesitant, Nathanael went to meet Jesus, surprised when Jesus knew him. Amazed by Jesus's response, Nathanael joined the others following Christ.

Question: Nathanael's call to service is different from Samuel's but don't doubt that he was called. Yesterday's questions stand: What makes you different from Nathanael? When God has called you, (make no mistake, he has) how have you answered?

God has called each of us to service. It is our responsibility to answer his call in the way you are already equipped to serve. This week in your prayers, pray for BUMC, for guidance, for your family, community, nation, and for all of your brothers and sisters in our faith.

If you have any questions or if there is something in your heart, please ask Pastor Bob, Donna T., Joe H., or Liz G. We are ready to serve.